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The Lighthouse, the new learning app for kids by Learny Land
Emotional intelligence, self-knowledge, and Mindfulness

The Lighthouse is a journey through feelings and self-knowledge. Developed by Learny Land, it aims to exercise emotional intelligence from a very young age through various exercises and activities.

The application provides children with the necessary tools to acquire the skills that will help them to know themselves and identify, understand and know how to manage the emotions and complicated situations that they sometimes suffer.

Beginning and creative process

After documenting a lot about consciousness, self-knowledge and emotional management in children, and detecting that there were many books and children's stories that deal with the subject, but no interactive games or applications with which they could work together, the team of professionals and experts in scriptwriting and application development from Learny Land decides to create The Lighthouse application.

The creative process began before the pandemic, in fact, the app was illustrated in January 2020. However, creating and developing an app is a slow process and The Lighthouse has been especially difficult: "You had to find the balance between text, activities and sections, and between self-knowledge and the explanation and management of emotions. In addition, due to the pandemic, we had to rethink some spaces and a mindfulness one was added where the children could go to find calm whenever the emotions overflowed them."

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Covid-19, childhood and emotional management

With the arrival of the Covid-19 pandemic in March 2020, the creative process of the application was delayed but, at the same time, it allowed the implementation of new features and functionalities to respond to some needs that arose as a result of the situation experienced during confinement in many homes: "most of the creative team are parents and, during the pandemic, we detected a gap when it came to finding a way to explain to our sons and daughters the emotions they felt, and to name sad emotions and distressing that blocked them and that they should not refuse, but accompany them."

In this context, at Learny Land we want The Lighthouse to become a useful and educational tool for parents and children: Through a playful and interactive application, children can identify and understand the emotional states they experience and learn to manage moments of stress through relaxation and mindfulness techniques.

The Lighthouse

An app that helps children to manage and express their emotions, and that provides tools and activities to relax when certain emotions invade them. All this thanks to mindfulness: relaxation exercises and techniques to learn to be harmonizing with oneself and prevent certain situations from overtaking us.

The Lighthouse is a free game that allows children to create their own avatar and thus become the protagonists of their own story. Through simple explanations, mini-games, and activities, they can express their thoughts, feelings, and emotions, as well as discover and practice mindfulness and relaxation.

Currently, it can be purchased in the App Store for mobile devices and tablets (iOS), and work is being done so that it will soon be available on Google Play for Android devices.

Characteristics

- Aimed at kids between 4 and 10 years old
- Available in 14 languages
- Free play, without rules or stress
- No ads
- No purchases inside or cheating of any kind

About Learny Land
Learny Land is an internationally awarded company that develops educational applications for children taking advantage of the most innovative technologies and the most modern devices, thus taking the learning and playing experience one step further.

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